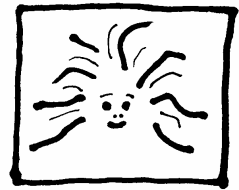
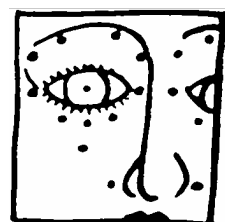
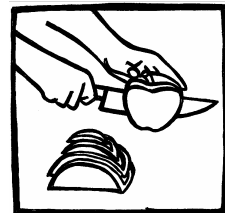


August 1 – 13, 2010 11th International European Macrobiotic Summer Conference



The Natural and Ecological Way to Health, Happiness, Peace & Freedom

together with
**The Art of
Life School**
Levels 1, 2, 3 and 4



- 25 world-renowned teachers & counsellors
- 40 inspiring lectures and presentations
- 40 quality cooking classes
- 80 workshops, morning exercises & outdoor activities
- Personal or family food & life style consultations & others sessions
- Delicious macrobiotic meals, Café & Deshima natural food shop
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